

# Info Interviews

198 McNeal Hall • 612-624-2710 • [www.stpaulcareers.umn.edu](http://www.stpaulcareers.umn.edu) • [spccc@umn.edu](mailto:spccc@umn.edu)

## Informational Interviews

An informational interview is a meeting with an experienced professional intended to help you gather information about an occupation of interest. These meetings are much more beneficial than reading about an occupational area and provide the following benefits:

- Gather career information tailored to your specific career questions and concerns.
- Gain insider tips about getting jobs or internships in the field.
- Observe the work environment and see the different settings available for an occupation.
- Practice your communication and interviewing skills.
- Meet people in your field, which may develop into future job leads or networking opportunities.

## Setting Up the Interview

For some, setting up interviews with strangers can feel uncomfortable. Be sure to rehearse your approach with a friend and write out bullet points of what you will say. When you call, make sure to:

- Give your name and affiliation.
- Explain the purpose of your visit: to learn more about their field and gain advice on a job search.
- Ask for a 20-30 minute meeting with them in person, so you can see their work environment.
- Remember to be flexible – lunch or early morning may be the best time to meet someone.
- Get complete directions to their location. Leave your number in case they must re-schedule.
- Be sure to get their full name and title so you know who to ask for when you arrive.
- Telephone appointments are a good option if they are out of state.

## Interview Suggestions

Be sure to make a positive impression when you conduct an informational interview. This person could potentially serve as a mentor or provide you with job and internship leads. When conducting an informational interview be sure to:

- Dress professionally, and be on time. If you know you will be late, call them.
- Read up on the occupation and/or organization before your meeting.
- Prepare a thoughtful list of questions before you go (see the back of this handout for ideas).
- Bring paper and take notes during your meeting and afterward.
- Ask for their business card and also ask if you can stay in touch if you have further questions.

## After the Interview

- Send them a note thanking them for the time they spent with you and the information they shared.
- Follow up on their suggestions or call any contacts they shared.
- Keep in touch with the contact, letting them know how your job search is going or ask additional questions that may arise. Be cautious, however, not to take too much of their time.

---

## Sample Informational Interview Questions

### Preparation

- How does one go about getting experience in this field before and/or after college graduation?
- What kind of experiences do employers value? (Internships? Volunteering? Other?)
- What background, education, and work experiences are necessary or helpful for this position?
- What are the most important skills for this field?

### Nature of the Work

- What are your job responsibilities? What do you do in a typical day?
- What do you like best/least about this job?
- How would you describe the work environment or workplace culture?
- What is a typical entry level salary range? How does this vary by setting?
- What personal characteristics are employers looking for in this position?

### Trends and Availability

- What types of employers hire people for your line of work? What type of industries are they in?
- How do people find out about jobs in this industry? Are they advertised? If so, where?
- When your organization has openings, how would I learn about them? How did you find your job?
- How does one advance in this field? Is relocation necessary? What is the turnover rate like?
- What are current trends, changes or controversies in the field?

### Networking

- Can you suggest some recent publications that discuss this field?
- What professional associations do people in this field generally belong to?
- Can you suggest other people I could talk to? May I use your name as a referral?

### Career Future

- What are typical career paths for people in this field?
- What is the occupational outlook (local, nation)?

### Life Style

- Does your job require so much time that it impacts your personal life?
- How much flexibility do you have in terms of dress, hours, vacation schedule, place of residence etc?
- What kind of non-salary benefits are common in this type of work?

### Advice

- How well suited is my background for this type of work? What do I need to do to become competitive? (Having a copy of your resume with can be helpful for this question)
- Could you review my resume and give feedback on things I should change to be more marketable?
- What educational preparation is best? Do certain majors, minors or electives improve my chances?
- Are there any other insights you have that would give me a greater understanding of this occupation or tips for finding a job/internship in this area?

### Questions to Avoid

- It is considered inappropriate to ask the professional if they have an opening for you.
  - Do not ask the specific salary of the person you interview.
-